Choking Algorithm

2025

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CONSCIOUS VICTIM

ABLE TO COUGH, TALK OR BREATH?

YES → **ENCOURAGE COUGHING**
Observe patient and if worsens start assessment again

NO

INFANT
Up to 5 back slaps
if not effective then
5 chest thrusts

Keep head lower

ADULT/CHILD
Up to 5 back slaps
if not effective then
5 abdominal thrusts

PREGNANT/OBESE
Provide chest thrusts

STILL CONSCIOUS?

YES

NO → **UNCONSCIOUS VICTIM**

Call for assistance

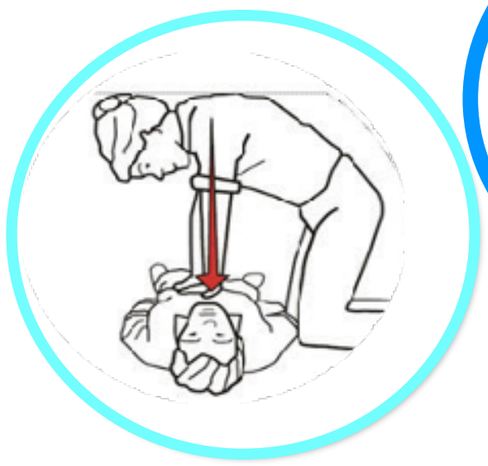
OPEN AIRWAY
Look for and remove any foreign objects

Normal breathing → **PLACE IN RECOVERY POSITION**
Check for continuous adequate breathing
Reassess repeatedly

Not breathing

START CPR
30 chest compressions (15 for child with 2 rescuer)
Look inside mouth and remove any foreign object
Attempt 2 breaths

Repeat until help arrives or breathing resumes
Continue to RCSA CPR algorithm



Emergency numbers:
Local: _____
Cellphone: 112
Landline: 10177